

8 Lane Lap Pool

Summer: June 1– July 31 2026

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30	Lap Swim 1-8	Lap Swim 1-8	Lap Swim 1-8	Lap Swim 1-8	Lap swim 1-8	Closed	Closed
7:00	Lap Swim 1-8	Lap Swim 1-8	Lap Swim 1-8	Lap Swim 1-8	Lap Swim 1-8	Closed	Closed
8:30	1-8 Lap Swim	Lap Swim 1-8	1-8 Lap Swim	Lap Swim 1-8	1-8 Lap Swim	1-8 Lap Swim	Closed
9:00	1-8 Lap Swim	Lap Swim 1-8	1-8 Lap Swim	Lap Swim 1-8	1-8 Lap Swim	1-8 Lap Swim	Closed
9:30	1-8 Lap Swim	1-4 lap swim Aqua fit Shallow/Deep	1-8 Lap Swim	1-4 lap swim Aqua fit Shallow/Deep	1-8 Lap Swim	1-8 Lap Swim	Closed
10:00	1-8 Lap Swim	1-4 lap swim Aqua fit Shallow/Deep	1-4 Lap Swim Trinity Open Swim	1-4 lap swim Aqua fit Shallow/Deep	1-8 Lap swim	1-4 lap swim Aqua fit Deep end shallow open	Closed
10:30	1-8 Lap Swim	1-4 lap swim S.S. Splash	1-8 Lap Swim	1-4 lap swim S.S. Splash	1-8 Lap Swim	1-4 lap swim Aqua fit Deep end til 11 shallow open	Closed
11:00	1-8 Lap Swim	1-4 lap swim S.S. Splash	1-8 Lap Swim	1-4 lap swim S.S. Splash	1-8 Lap Swim	1-8 Lap Swim	Closed
12:00	1-5 Swim Team 6-8 open	1-4 Lap Lane 5-8 Open	1-8 Lap Swim	1-5 Swim Team 6-8 open	1-8 Lap Swim	Lap Swim 1-4 5-8 Open Dive	Lap Swim 1-4 5-8 Open Dive
12:30	1-5 Swim Team 6-8 open	1-4 Lap Lane 5-8 Open	1-8 Lap Swim	1-5 Swim Team 6-8 open	1-8 Lap Swim	Lap Swim 1-4 5-8 Open Dive	Lap Swim 1-4 5-8 Open Dive
1:00	1-5 Swim Team 6-8 open	1-4 Lap Lane 5-8 Open	1-8 Lap Swim	1-5 Swim Team 6-8 open	1-8 Lap Swim	Lap Swim 1-4 5-8 Open Dive	Lap Swim 1-4 5-8 Open Dive
2:00	Day Camp til 2:45 1-4 Swim team 5 lap lane 6-8 open	5-8 lanes Day Camp 3-4 lanes Swim lessons 1-2 lap lanes	5-8 lanes Day Camp 3-4 lanes Swim lessons 1-2 lap lanes	Day Camp til 2:45 1-4 Swim Team 5 lap lane 6-8 open	Day Camp til 2:45 1-4 Lap Swim	Lap Swim 1-4 5-8 Open Dive	Lap Swim 1-4 5-8 Open Dive
3:00	1-5 Swim Team 6-8 open	1-5 Swim Team 6-8 Family Swim	1-5 Swim Team 6-8 Family Swim	1-5 Swim Team 6-8 open	1-8 Lap Swim	Lap Swim 1-4 5-8 Open Dive	Lap Swim 1-4 5-8 Open Dive
3:30	1-5 Swim Team 6 Lap lane 7-8 open	1-5 Swim Team 6-8 Family Swim	1-5 Swim Team 6-8 Family Swim	1-5 Swim Team 6-8 open	1-8 Lap Swim	Lap Swim 1-4 5-8 Open Dive	Lap Swim 1-4 5-8 Open Dive
4:30	1-4 Lap swim 5-8 Open	1-5 Swim Team 6-8 Family Swim	1-5 Swim Team 6-8 Family Swim	1-4 Lap swim 5-8 Open	1-4 Adult Lap 5-8 Open Swim	Closed at 4pm	Closed at 4pm
5:00	1-4 Lap swim 5-8 Open	1-5 Swim Team 6 lap swim 7-8 Swim lessons	1-5 Swim Team 6-8 Family Swim	1-4 Lap swim 5-8 Open	1-4 Adult Lap 5-8 Family Swim	Closed	Closed
5:30	1-4 Lap swim 5-8 Open	1-5 Swim Team 6 lap swim 7-8 swim lesson	1-5 Swim Team 6-8 Family Swim	1-4 Lap swim 5-8 Open	1-4 Adult Lap 5-8 Open Swim	Closed	Closed
6:30	1-4 Lap swim 5-8 Open	1-4 Lap Swim 5-8 Family Swim	1-4 Lap Swim 5-8 Family Swim	1-4 Lap swim 5-8 Open	1-4 Adult Lap 5-8 Open	Closed	Closed
8:00	Closed	Closed	Closed	Closed	Closed	Closed	Closed

OPEN SWIM: Swim time available to all ages. Children ages 8 and under 48 inches must be accompanied in the water by a parent/guardian of 18 years or older. June 1-5 Splash Week will be conducted in various times through the day.

ADULT LAP SWIM: During swim practice times, lap swim is designated for adults not involved with swim teams