

8 Lane Lap Pool

Spring 1: March 17-April 21 2026

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30	Lap Swim 1-8	Lap Swim 1-8	Lap Swim 1-8	Lap Swim 1-8	Lap swim 1-8	Closed	Closed
7:00	Lap Swim 1-8	Lap Swim 1-8	Lap Swim 1-8	Lap Swim 1-8	Lap Swim 1-8	Closed	Closed
8:30	1-8 Lap Swim	Lap Swim 1-8	1-8 Lap Swim	Lap Swim 1-8	1-8 Lap Swim	1-8 Lap Swim	Closed
9:00	1-8 Lap Swim	Lap Swim 1-8	1-8 Lap Swim	Lap Swim 1-8	1-8 Lap Swim	1-8 Lap Swim	Closed
9:30	1-8 Lap Swim	1-4 lap swim Aqua fit Shallow/Deep	1-8 Lap Swim	1-4 lap swim Aqua fit Shallow/Deep	1-8 Lap Swim	1-8 Lap Swim	Closed
10:00	1-8 Lap Swim	1-4 lap swim Aqua fit Shallow/Deep	1-8 Lap Swim	1-4 lap swim Aqua fit Shallow/Deep	1-8 Lap swim	1-4 lap swim Aqua fit Deep end shallow open	Closed
10:30	1-8 Lap Swim	1-4 lap swim S.S. Splash	1-8 Lap Swim	1-4 lap swim S.S. Splash	1-8 Lap Swim	1-4 lap swim Aqua fit Deep end til 11 shallow open	Closed
11:00	1-8 Lap Swim	1-4 lap swim S.S. Splash	1-8 Lap Swim	1-4 lap swim S.S. Splash	1-8 Lap Swim	1-8 Lap Swim	Closed
12:00	1-8 Lap Swim	1-4 Lap Lane 5-8 Open	1-8 Lap Swim	1-4 Lap Lane 5-8 Open	1-8 Lap Swim	Lap Swim 1-4 5-8 Open Dive	Lap Swim 1-4 5-8 Open Dive
12:30	1-8 Lap Swim	1-4 Lap Lane 5-8 Open	1-8 Lap Swim	1-4 Lap Lane 5-8 Open	1-8 Lap Swim	Lap Swim 1-4 5-8 Open Dive	Lap Swim 1-4 5-8 Open Dive
1:00	1-8 Lap Swim	1-4 Lap Lane 5-8 Open	1-8 Lap Swim	2-4 Lap swim 1, 5-8 Heir Force	1-8 Lap Swim	Lap Swim 1-4 5-8 Open Dive	Lap Swim 1-4 5-8 Open Dive
2:00	1-8 Lap Swim	1-4 Lap Lane 5-8 Open	1-8 Lap Swim	1-4 Lap Lane 5-8 Open	1-8 Lap Swim	Lap Swim 1-4 5-8 Open Dive	Lap Swim 1-4 5-8 Open Dive
3:00	1-8 Lap Swim	1-4 Lap Lane 5-8 Open	1-8 Lap Swim	1-4 Lap Lane 5-8 Open	1-8 Lap Swim	Lap Swim 1-4 5-8 Open Dive	Lap Swim 1-4 5-8 Open Dive
3:30	1-8 Lap Swim	1-4 Lap Lane 5-8 Open	1-8 Lap Swim	1-4 Lap Lane 5-8 Open	1-8 Lap Swim	Lap Swim 1-4 5-8 Open Dive	Lap Swim 1-4 5-8 Open Dive
4:30	Swim Team 1-5 6-8 Adult Lap	Swim Team 1-5 6 Lane Adult lap 7-8 Open	Swim Team 1-5 6-8 Adult Lap	Swim Team 1-5 6 Lane Adult lap 7-8 Open	Swim Team 1-5 6-8 Adult Lap	Closed at 4pm	Closed at 4pm
5:00	Swim Team 1-5 6-8 Adult Lap	Swim Team 1-5 6 Lane Adult lap 7-8 Open	Swim Team 1-5 6-8 Adult Lap	Swim Team 1-5 6 Lane Adult lap 7-8 Open	Swim Team 1-5 6-8 Adult Lap	Closed	Closed
5:30	Swim Team 1-5 6-8 Adult Lap	Swim Team 1-5 6 Lane Adult lap 7-8 Open	Swim Team 1-5 6-8 Adult Lap	Swim Team 1-5 6 Lane Adult lap 7-8 Open	Swim Team 1-5 6-8 Adult Lap	Closed	Closed
7:30	Swim Team 1-5 6-8 Adult Lap	Swim Team 1-5 6 Lane Adult lap 7-8 Open	Swim Team 1-5 6-8 Adult Lap	Swim Team 1-5 6 Lane Adult lap 7-8 Open	Lap Swim 1-8	Closed	Closed
8:00	Closed	Closed	Closed	Closed	Closed	Closed	Closed

OPEN SWIM: Swim time available to all ages. Children ages 8 and under 48 inches must be accompanied in the water by a parent/guardian of 18 years or older.

ADULT LAP SWIM: During swim practice times, lap swim is designated for adults not involved with swim teams