



DEDICATED TO FAMILIES

Youth & Family Activities Fall 2025

Fall I September 7 - October 25
Fall II October 26 - December 20
Register Early! Classes Fill Quickly!

Youth Soccer

For boys and girls Age 4 to 4th grade. No tryouts! Just sign up! Register Now - September 5th
Game Times: 4,5 & K: Thur 5:30 or 6:30 & Sat 9:15 or 10:15
1st & 2nd Grade Thur 5:30 or 6:30 & Sat 9:15 or 10:15
3rd & 4th Grade: Thur 5:30 and 6:30 & Sat 9:15 or 10:15am
League games begin Sept. 18th
FEE: Members: \$35; Non-Member \$60
Fee includes shirt, socks and award



Young Ladies Volleyball

For young ladies in 5th, 6th & 7th grade. Session includes skill development, drills & games.
November 4 - 25 Tuesdays: 5:30 - 7pm
FEE: Members \$25; Non-Members \$40

Youth Basketball Skill Development

For kids in K-2nd Grade Register September 12th
Program begins November 1st - Nov. 29 and runs 5 Saturdays from 10:00 am - 11:30. This program focuses on footwork, ball handling, passing and shooting! Designed to prepare kids for our youth basketball league.
FEE: Members \$20 Non-members \$40
(1st to 2nd grade competitive basketball league practice starts in December.)

Scoop:

Children ages 3-6 bring an adult and learn the basic skills of basketball together. Afterwards, the family may cool off with a scoop of ice cream. The children will be introduced to skills such as dribbling, passing and shooting in a low-key, no-pressure environment on Fridays from 5:15-6pm.
Fee: Members \$12; Non-Members \$28

Any questions about Sports or Martial Arts? Contact 419-223-6045 ext 114. or sports@limaymca.net.

YOUTH MARTIAL ARTS

Youth Karate AGES 7 - 17

This class will teach the basics of punches, blocks, kicks and forms. Excellent for boosting self-confidence, discipline and self-control.

Tues. & Thurs.: 6:00-6:45 pm for ages 7-10

Tues. & Thurs.: 6:45-8:15 pm for ages 11-Adult

Like Us On:



Register online at www.limaymca.net



PRESCHOOL & YOUTH GYMNASTICS AND CHEERLEADING

FEE: Members \$30; Non-Members \$60



Tiny Tot Gym: 18 months - 3 years old

Adult participation is required with this class. The tots are encouraged to climb, crawl and jump.

Wed. 11:00am - 11:45am; Thurs. 3:45pm - 4:30pm

Beginner Tumblers

Within our circuit training we will work on basic skills such as rolling, swinging, jumping, balancing, body positions, eye-hand coordination and locomotor skills. This class is for beginning tumblers that wish to develop tumbling skills such as handstands cartwheels, along with strength and flexibility.

Wed. 12:00pm-12:45pm; Thursday. 4:30pm - 5:15 pm

Intermediate/Advanced Tumblers: ages 7 & up

This class is for students that wish to develop higher tumbling skills with strength and flexibility. Class will include skills such as back walkovers, standing back handsprings and running tumbling. Must cartwheel and backbend without assistance or be recommended by the gymnastics instructor.

Thursday 5:15pm-6pm

Cheerleading Class

This class is open for all skill levels looking to learn about cheer and improve tumbling skills. Participants will work on jumps, strength and flexibility, practice tumbling and basic stunts used in cheerleading.

Thursdays 6:00pm - 6:45pm

YOUTH EDUCATION

Lego League Jr. (ages 6-9)

Focused on building an interest in science and engineering in children ages 6-9, Junior FIRST® LEGO® League (Jr. FLL®) is a hands-on program designed to capture young children's inherent curiosity and interest in improving the world around them. Students will work with Legos to create machines with moving parts. Class meets on Monday's from 4:30-5:15pm

Fee: Members: \$10; Non-Members: \$20

First Lego League (ages 9-14)

Introduces 9 year olds to 14 to real-world engineering challenges by building LEGO-based robots to complete tasks on a thematic playing surface.

Group meets on Tuesdays from 5:30pm-6:30pm

FEE: Members \$20; Non-Members \$30

Any questions about Youth Educational Programs? Contact Skylynn at 419-223- 6045 ext 116.



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

YOUTH AQUATICS (Age 6 & up):

FEE: Members \$30; Non-Members \$60

1/Water Acclimation 6-12 YRS (BEGINNER I)

Classes offered on Tuesdays & Saturdays

2/Water Movement 6-12 YRS (BEGINNER II)

Classes offered on Tuesdays, & Saturdays

3/Water Stamina 6-12 YRS (INTERMEDIATE I)

Classes offered on Tuesdays & Thursdays

4/Stroke Introduction 6-12 YRS (INTERMEDIATE II)

Classes offered on Thursdays

5/Stroke Development 6-12 YRS (ADVANCED I)

Classes offered on Thursday and Saturdays

6/Stroke Mechanics 6-12 YRS (ADVANCED II)

Classes offered on Thursdays and Saturdays

PRE-SCHOOL AQUATICS (Age 3-5)

FEE: Members \$35; Non-Members \$70

Parent / Child Water Discovery (6-36mos.)

Classes are offered on Thurs. evenings and Sat. mornings.



1/Water Acclimation: 3-5 YRS (BEG. I)

Classes are offered on Thurs., and Sat.

2/Water Movement: 3-5 YRS (BEG. II)

Classes are offered on Thurs., and Sat.

3-4/Stroke Introduction 3-5 YRS (INTERMEDIATE / ADVANCED)

Classes are offered on Thurs., and Sat.

Barracudas YMCA Swim Team SEASON:

NOW through MARCH 2026

September 4th, 7 pm parent information meeting for those

interested in joining.

September 8th, 6:30pm swim team try-it session for new swimmers.

The Lima YMCA Barracudas Swim Team serves swimmers ages 6 through high school. Swimmers must be able to swim 25 yards freestyle prior to joining the team. Payment plans available. Multiple child discount: additional children, the price will be reduced. Only one discount per swimmer.

USA Swim Team

Youth wanting more competition can also join our USA swim team. Contact Coach Kody Graham for more information. swimteam@limaymca.net

Private Swimming Lessons:

We want every child in our community to learn how to swim.

We offer private, semi-private, and group swim lessons depending on what works best for your child. We'll support, encourage, and challenge your child from beginner all the way to the Barracudas Swim Team.

One ½ hour private lesson:

Members \$20; Non-Members \$30

Package of 5 lessons (1/2 hour each):

FEE: Members \$90; Non-Members \$110

(We offer lessons for adults too!)

Home School Gym & Swim

Home school youth, join us for some fun physical education! The class will meet on Thursdays at 1pm with gym skills & sports followed by a open swim at 2:00-2:45.

FEE: \$35 YMCA members, \$55 non-members for 7 weeks.

For more information about youth aquatics contact our **Aquatics Director** at (419) 223-6045 ext. 220 or via e-mail at aquatics@limaymca.net

SPECIAL EVENTS

9-11 5K Run/Walk

Run to Remember. Help us support the Lima Fire Department Museum! All participants will receive a medal. Help us support our local heroes!

All Ages Welcome and encouraged to participate.

Date: Sat. Sept 13th @ 9am

FEE: Members: \$15

Non-Members: \$20

Free for First Responders!



YOUTH AND FAMILY

Youth Halloween Party

Freaky Friday-Fun Night, October 10th Youth will have fun participating in a Halloween costume contest, craft activities, gym games and swimming in the pool! Snacks and drinks will also be provided. Trained YMCA staff will supervise youth, so parental supervision is not required.

Friday October 11th, 5:30-8:00pm

Youth ages 6-12

Please register by Wednesday, October 8th.

Reminder: Please bring swimsuits and towels.

FEE: Members Free! Non-Members \$10

No School Days Program

9:00am to 4:00pm

For Students grades K-4th. Fun activities such as soccer, basketball, swimming, Wii games, Crafts and board games. Must bring packed lunch, swim suit and towel.

Members \$15; Non-Members \$20

Sept. 26, (Lima City Schools No School)

Oct. 13 (Catholic Schools No School)

Oct. 30th & 31st (Lima City Schools No School)

Nov. 3rd (Lima City Schools No School)

November 26 & 28 (Thanksgiving Break)

Register early to reserve your place!

GaGa Ball Club

Gaga Ball Club: This club will allow children to come play the very popular game of gaga ball in a safe and fun environment. There will be weekly tournaments, team challenges and solo knockouts.

We will meet on Monday's from 5:30-6:15pm

Fee: Members: Free Non-Members: \$10

S.T.E.A.M. Club:

We will dive into hands-on projects such as marble run building, egg drops, volcano eruptions and so much more! These projects will give real world skills in a fun and supportive environment.

We will meet Tuesday's from 4:30pm-5:15pm.

Fee: Members: \$10 Non-Members: \$20



Birthday Parties/ Room Rentals

Celebrate your next special occasion at the Lima YMCA!

We have rooms available for parties or special events on the weekends. Birthday parties include 3 hour use of room with 45 minutes in the pool or gymnasium.

Contact 419-223-6045 ext. 202 or rentals@limaymca.net

Register online at www.limaymca.net



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