



GROWING STRONGER TOGETHER

Youth & Family Activities Summer—2025

SPLASH—LEARN TO SWIM JUNE 2-6
**Summer Programs & Camps throughout
the summer—register now!**

Youth Summer Fun Membership

Summer Sizzle

Get 4 months for the price of 3!

Ends July 31st

Enjoy all the fun the Y has to offer this summer
(3 month youth membership only \$70.41!!)



DAY CAMP

“Summer Better Than Others”

Lima YMCA Day Camp provides an exciting setting for children, ages 6-12 to learn and have fun. Quality staff will guide kids through a summer of discovery. Campers work together in many activities which lead to the development of teamwork skills, leadership skills and lifelong friendships. Each day has different and exciting activities based on the unique theme of the week. Remember to bring a swim suit, each day has an opportunity to swim. Hours : 9am– 4pm
YMCA Summer Day Camp runs for 11 weeks.

FEES: Members: \$95 per week / \$25 deposit per week

Non- Members: \$110 per week / \$25 deposit per week

(Second child discounts are available)

Morning Fun Club : 7:30-9am

FEE: Members: \$15 Non- Members: \$25

Afternoon Fun Club: 4-6 pm

FEE: Members: Free, Non- Members: \$25

For more information, contact Skylynn at 419-223-6045 ext. 116.

Splash: A Learn to Swim Safe Week.

The YMCA Learn-to-Swim Safe Program is a fun way for kids ages 6 and up to learn basic water skills and how to be safe around the water. These classes are not designed to teach children to become accomplished swimmers, but are introductory courses. Lessons will be 45 minutes each day for five days. Evening classes available for schools still in session. YMCA of the USA National Aquatics Program.

FEE: Members & Non-Members \$5 for all 5 classes.

Classes will run **June 2-6.**

Class 1: 10-10:45am Class 2: 11-11:45am Class 3: 1-1:45pm

Class 4: 5-5:45pm Class 5: 6-6:45pm

Junior Splash: Safety Around Water

The YMCA Learn-to-Swim Safe Program is a fun way for kids ages 3-5 to learn basic water skills and how to be safe around the water.

These classes are not designed to teach children to become accomplished swimmers, but are introductory courses.

Lessons will be 30 minutes each day for five days.

FEE: Members & Non-Members \$5 for all 5 classes.



PRESCHOOL & YOUTH GYMNASTICS AND CHEERLEADING

FEE: Members \$30; Non-Members \$55

Tiny Tot Gym: 18 months—3 years old

Adult participation is required with this class. The tots are encouraged to climb, crawl and jump.

Wed. 11:00-11:45am; Thursday 3:45-4:30pm

JR/Kinder Gym: 3—6 years old

Within our circuit training we will work on basic skills such as rolling, swinging, jumping, balancing, body positions, eye-hand coordination and locomotor skills.

Wed. 12:00-12:45pm; Thursday: 6:45-7:30pm;

Thursday 7:30-8:15pm



Beginner Tumblers: age 7 and above

This class is for beginning tumblers that wish to develop tumbling skills such as handstands cartwheels, along with strength and flexibility.

Thursday 4:30-5:15pm

Intermediate/Advanced Tumblers: ages 7 & up

This class is for students that wish to develop higher tumbling skills with strength and flexibility. Class will include skills such as back walkovers, standing back handsprings and running tumbling. Must cartwheel and backbend without assistance or be recommended by the gymnastics instructor.

Thurs: 6:00-6:45pm

Cheerleading Class

This class is open for all skill levels looking to learn about cheer and improve tumbling skills. Participants will work on jumps, strength and flexibility, practice tumbling and basic stunts used in cheerleading.

Tues: 5:15-6:00pm

Martial Arts

Youth Karate AGES 7 - 17

This class will teach the basics of punches, blocks, kicks and forms. Excellent for boosting self-confidence, discipline and self-control.

Tues.& Thurs.: 6:45 – 7:30pm 7-10 Years old 6:45-8:15pm
11-Adults

FEE: Members \$30; Non-Members \$60

Birthday Parties/ Room Rentals

Celebrate your next special occasion at the Lima YMCA!

We have rooms available for parties or special events!

Birthday parties include a 3 hour room rental with 45 mins of swim or basketball gym time!

Contact 419-223-6045 ext. 202 or rentals@limaymca.net



**FOR YOUTH DEVELOPMENT
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Like Us On:



Register online at www.limaymca.net

AQUATICS

YOUTH AQUATICS (Age 6 & up): (7 Weeks)

FEE: Members \$30;

Non-Members \$60

1/Water Acclimation 6-12 YRS (BEGINNER I)

Classes offered on Tuesdays, Thursdays & Saturdays

2/Water Movement 6-12 YRS (BEGINNER II)

Classes offered on Tuesdays, Thursdays & Saturdays

3/Water Stamina 6-12 YRS (INTERMEDIATE I)

Classes offered on Tuesdays

4/Stroke Introduction 6-12 YRS (INTERMEDIATE II)

Classes offered on Tuesdays



PRE-SCHOOL AQUATICS (Age 3-5) ??

FEE: Members \$30; Non-Members \$60

Parent / Child Water Discovery (6-36mos.)

Classes are offered on Thursday and Saturday

1/Water Acclimation: 3-5 YRS (BEG. I)

Classes are offered on Tuesday, Thursday, and Saturday.

2/Water Movement: 3-5 YRS (BEG. II)

Classes are offered on Tuesday, Thursday, and Saturday.

3-4/Stroke Introduction 3-5 YRS (Intermediate/advanced)

Classes are offered on Tuesday, Thursday, and Saturday.



Private Swimming Lessons:

We want every child in our community to learn how to swim. We offer private, semi-private, and group swim lessons

depending on what works best for your child. We'll support, encourage, and challenge your child from beginner all the way to the Barracudas Swim Team.

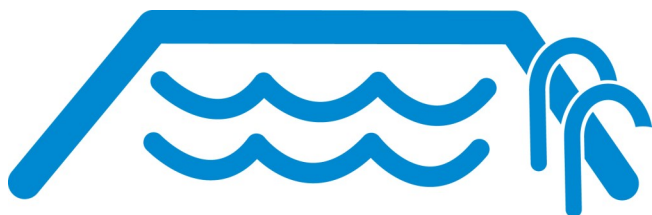
One ½ hour private lesson:

Members \$20; Non-Members \$30

Package of 5 lessons (1/2 hour each):

FEE: Members \$90; Non-Members \$110

(We offer lessons for adults too!)



For more information about youth or adult aquatics contact our **Aquatics Director** at (419) 223-6045 ext. 220 or via e-mail at aquatics@limaymca.net

Sports

YMCA Basketball Camp

Boys & Girls 10 & up - July 15-18

Time: 9 am to 12pm

Location: Lima Family YMCA

Camp benefits: Skill sessions, individual competition, team competition, games, awards, and lots of fun.

FEE Member \$20; Non-Member \$50



YMCA Volleyball Camp

Girls 10& up July 14-17

Time: 5:30-7:00pm

Location: Lima Family YMCA

Camp Benefits: Skill sessions, individual competition, team competition, games, awards, and lots of fun!

FEE: member: \$25 Non-Member: \$45

Summer Basketball Training

Training starts in June

1st-4th Grades

Must be going into these grades in the 2025

school year. This

Instructional basketball

training is a great way for

young athletes to develop

their skills. This program will

stress fundamentals such as

passing, dribbling, shooting, offense,

defense and sportsmanship.

Divisions:

1st & 2nd grade: Tuesday& Wednesday 3-4pm

3rd & 4th grade: Tuesday & Wednesday 4-5pm

FEE: members: \$28 non-members: \$52



T-Ball/Coaches Pitch

For boys and girls. T-ball: 4-5yrs

Coaches Pitch: 6-8 yrs

Practices start in June

League games begin in June at Robb Park

FEE: member: \$35 non-member: \$60



For more information regarding **Youth Sports, Gymnastics, or Martial Arts**

Contact:

419-223-6045 ext.114

or e-mail sports@limaymca.net

Hang Time

Youth ages 8 & up can play Wii, Board games, read, or just hang out with their friends in our supervised youth lobby.

Hang time is available for members Mon-Thurs: 4-8pm*

Family with youth of any age are welcome to use hangtime together anytime is open.

Register online at www.limaymca.net



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