

SUMMER 2025 8 Lane Lap Pool Schedule: June 9th-August 9th

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Lanes 1-8 Lap Swim 5:30AM-10:30AM	Lanes 1-8 Lap Swim 5:30AM-8:30AM		Lanes 1-8 Lap Swim 5:30AM-8:30AM	Lanes 1-8 Lap Swim 5:30AM-10:30AM	Lanes 1-8 Lap Swim	
	Deep Water Workout 8:30AM-9:30AM	Lanes 1-8 Lap Swim 5:30AM-10:00AM	Deep Water Workout 8:30-9:30 AM Lanes 1-4 Lap Swim		Youth Lessons 9:00-10:30AM Lanes 1-4 Lap Swim	
	Aqua Fit Class 9:30AM-10:30AM Lanes 1-4 Lap Swim		Aqua Fit Class 9:30-10:30AM Lanes 1-4 Lap Swim			
Lanes 1-4 Lap Swim Lanes 5-8 Open 10:30PM-12:00PM	Silver Sneaker Splash 10:30AM-11:30AM 1-4 Lap Swim		Silver Sneaker Splash 10:30-11:30AM Lanes 1-4 Lap Swim	Lanes 1-4 Lap Swim Lanes 5-8 Open 10:30PM-1:00PM		
Lane 1-5 USA Swim 12:00PM-3:30PM	Open Swim Lanes 5-8 11:30—2 pm	Lanes 1-4 Lap Swim Lanes 5-8 Open Swim 10:00AM - 2:00PM	Lane 1-5 USA Swim 12:00-3:30pm Lane 6-8 Adult Lap	Lanes 1-4 Lap Swim Lanes 5-8 Park Program 1:00PM-2:00PM (July)	Lanes 1-4 Lap Swim Lanes 5-8 Open 10:30AM-4:00PM	
YMCA Day Camp 2:00-3:00pm Lanes 1-4 Lap Swim	Lanes 1-5 USA Swim 3:00-6:30pm Lanes 6-8 Adult Lap	YMCA Day Camp 2:00-3:00pm Lanes 1-4 Lap Swim	YMCA Day Camp 2:00-3:00pm	YMCA Day Camp 2:00-3:00pm Lanes 1-4 Lap Swim		
Lanes 1-4 Lap Swim Lanes 5-8 Open 3:30PM-8:00PM	Lanes 1-4 Lap Swim Lanes 5-8 Open 6:30-8:00pm		Lanes 1-4 Lap Swim Lanes 5-8 Open 3:30PM-8:00PM	Lanes 1-4 Lap Swim Lanes 5-8 Open 3:00PM-8:00PM		Lanes 1-4 Lap Swim Lanes 5-8 Family Swim 12:00PM - 4:00PM
Closes 8:00pm	Closes 8:00pm	Closes 8:00pm	Closes 8:00pm	Closes 8:00pm	Closes 4:00pm	Closes 4:00pm

OPEN SWIM: Children ages 8 and under 48 inches MUST be accompanied in the water by a parent or guardian of 18 years or older.

FAMILY SWIM: Children under 8 must have adult in the water with them; children under 16 must have an adult in the building to swim during open swim.

ADULT LAP: Reserved for member's 18 years or older not involved with YMCA affiliated swim teams. Circle swim and lane sharing is encouraged.

LAP SWIM: Intended for all members using the water to exercise, workout and swim laps. Circle swim and lane sharing encouraged. Lap lanes are not to be used for open swim.