

SUMMER 2024 - LAP POOL SCHEDULE -

Monday Tuesday Wednesday Thursday Friday Saturday Sunday

Lanes 1-8 Lap Swim 5:30AM-10:00AM	Lanes 1-8 Lap Swim 5:30AM-8:30AM	Lanes 1-8 Lap Swim 5:30AM-10:00AM	Lanes 1-8 Lap Swim 5:30AM-8:30AM	Lanes 1-8 Lap Swim 5:30AM-10:00AM	Lanes 1-8 Lap Swim 5:30AM -9:00AM	
Lanes 1-4 Lap Swim Lanes 5-8 Open 10:00PM-12:30PM	Deep Water Workout 8:30AM-9:30AM Lanes 1-4 Lap Swim	Trinity Day Care 10:00AM-11:00AM Lanes 1-4 Lap Swim	Deep Water Workout 8:30-9:30 AM Lanes 1-4 Lap Swim	Lanes 1-4 Lap Swim Lanes 5-8 Open 10:00PM-2:00PM	Youth Lessons 9:00-10:30AM Lanes 1-4 Lap Swim	
Lanes 1-3 USA Swim 12:30PM-2:00PM Lanes 4-5 Adult Lap Lanes 6-8 Open Swim no diving board	Aqua Fit Class 9:30AM-10:30AM Lanes 1-4 Lap Swim	Lanes 1-4 Lap Swim Lanes 5-8 Open 11:00AM-2:00PM	Aqua Fit Class 9:30-10:30AM Lanes 1-4 Lap Swim	Lanes 1-4 Lap Swim Lanes 5-8 Open 10:00PM-2:00PM		Lanes 1-4 Lap Swim Lanes 5-8 Open 12:00PM - 4:00PM
YMCA Day Camp 2:00PM-3:00 PM Lanes 1-4 Lap Swim	Silver Sneaker Splash 10:30AM-11:30AM 1 -4 Lap Swim	YMCA Day Camp 2:00-3:00pm Lanes 1-4 Lap Swim	Silver Sneaker Splash 10:30-11:30AM Lanes 1-4 Lap Swim	YMCA Day Camp 2:00-3:00pm Lanes 1-4 Lap Swim	Lanes 1-4 Lap Swim Lanes 5-8 Open 10:30AM-4:00PM	
Lanes 1-4 Lap Swim Lanes 5-8 Open 3:00PM-8:00PM	Lanes 1-4 Lap Swim Lanes 5-8 Open 11:30AM-2:00PM	Lanes 1-4 Lap Swim Lanes 5-8 Open 3:00PM - 5:00PM	Lanes 1-4 Lap Swim Lanes 5-8 Open Swim	Lanes 1-4 Lap Swim Lanes 5-8 Open 3:00PM-8:00PM		
Closes 8:00pm	Youth Lessons 5:00PM-8:00PM	Lanes 1-3 USA Swim 5:00-8:00pm Lanes 4-5 Adult Lap Lanes 6-8 Open Swim no diving board	Lanes 1-3 USA Swim 12:30-2:00pm Lanes 4-5 Adult Lap Lanes 6-8 Open Swim no diving board	Closes 8:00pm	Closes 4:00pm	Closes 4:00pm
Closes 8:00pm	Lanes 1-4 USA Swim 5:00-8:00pm Lanes 5-6 Adult Lap	Closes 8:00pm	Closes 8:00pm	Closes 8:00pm		

OPEN SWIM: Children ages 8 and under 48 inches **MUST** be accompanied in the water by a parent or guardian of 18 years or older.

ADULT LAP: Reserved for member's 18 years or older not involved with YMCA affiliated swim teams. Circle swim and lane sharing is encouraged.

LAP SWIM: Intended for all members using the water to exercise, workout and swim laps. Circle swim and lane sharing is encouraged. Lap lanes are not to be used for open swim.

POOL SCHEDULE IS SUBJECT TO CHANGE. SPLASH LEARN TO SWIM WEEK JUNE 3rd - JUNE 7th WILL HAVE AN ADJUSTED SCHEDULE.