

# GYM SCHEDULE: MONDAY - WEDNESDAY

Fall I: September– December 2022

TIME	MON			TUE			WED																
	NORTH	CENTRAL	SOUTH	NORTH	CENTRAL	SOUTH	NORTH	CENTRAL	SOUTH														
5:00 AM	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball														
6:00 AM																							
7:00 AM																							
8:00 AM																							
9:00 AM																							
9:45 AM																							
10:00 AM	Pickle Ball		Pickle Ball	Pickle Ball		Pickle Ball	Pickle Ball		Pickle Ball														
10:30 AM																							
11:00 AM																							
11:30 AM																							
12:00 PM	Family Open Gym		Open Basketball	Family Open Gym		Open Basketball	Family Open Gym		Open Basketball														
12:30 PM																							
1:00 PM																							
2:00 PM																							
3:00 PM																							
3:30 PM																							
4:00 PM	Youth Basketball			Youth Basketball			Youth Basketball																
4:30 PM																							
4:45 PM																							
5:00 PM																							
5:30 PM											Young Ladies Volleyball												
5:45 PM																							
6:00 PM																		Family Open Gym			Family Open Gym		Family Open Gm
6:30 PM																							
6:45 PM																							
7:00 PM																							
7:30 PM	Ages 16–Adult Open	Ages 16-Adult Open		Ages 16-Adult Open			Ages 16-Adult Open	Ages 16-Adult Open															
8:00 PM																							
8:30 PM																							
9:00 PM																							
10:00 PM																							

\*Family Open: For children ages 8-12 with a parent or guardian in the facility. Family stamp available at front desk.

\*Parent/Child Gym: Children must be 15 years or younger and be directly supervised by parent.

**\*Proper Gym attire required.**

\*Please allow 15 minutes after a scheduled program for cleaning and preparation of gyms.

\*Gymnasium Schedule Subject to Change.

# GYM SCHEDULE: THURSDAY - SUNDAY

Fall I: September– December 2022

TIME	THU			FRI			SAT			SUN								
	NORTH	CENTRAL	SOUTH	NORTH	CENTRAL	SOUTH	NORTH	CENTRAL	SOUTH	NORTH	CENTRAL	SOUTH						
5:00 AM	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Family Open	Open Basketball	Open Basketball	<b>Special Events, Gyms Closed</b>  <b>MOM TO MOM SALE</b> Gym Closed: Friday 9/30, 6pm and Saturday 10/1, 6am - 2pm  <b>SWIM MEET</b> Gym Closed: Saturday 11/19, all day  <b>HIGH SCHOOL HOLIDAY</b> <b>SWIM INVITATIONAL</b> Gym Closed: Wednesday 12/28 or Thursday 12/29, all day								
6:00 AM																		
7:00 AM																		
8:00 AM																		
9:00 AM	Pickle Ball		Pickle Ball			Pickle Ball	Youth Basketball Program	Youth Basketball Program	Youth Basketball Program				November - December					
9:30 AM																		
10:00 AM																		
11:00 AM																		
11:30 AM	Family Open Gym	Home School Program	Open Basketball	Family Open Gym		Open Basketball	Family Open Gym	Open Basketball	Parent/Child Gym							Family Open Gym	Open Basketball	Parent/Child Gym
12:30 PM																		
1:00 PM																		
2:00 PM																		
3:00 PM	Youth Basketball	Open Basketball		Youth Basketball		Open Basketball	Family Open Gym	Open Basketball	Parent/Child Gym	Family Open Gym	Open Basketball	Parent/Child Gym						
3:30 PM																		
4:00 PM																		
4:30 PM																		
4:45 PM	Ages 16-Adult Open	Ages 16-Adult Open		Open Basketball		Scoop Program												
5:00 PM																		
5:30 PM																		
5:45 PM																		
6:00 PM			Family Open Gym			Family Open Gym												
6:30 PM																		
7:00 PM																		
7:30 PM																		
8:00 PM																		
8:30 PM																		
9:00 PM																		
10:00 PM																		

**Rentals Available**  
**Call 419-223-6045 ext. 202**