

8 LANE POOL

Winter 1: January 6 - February 22, 2020

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30	Lanes 1-4 HS Team Lanes 5-8 Adult Lap	Lanes 1-4 HS Team Lanes 5-8 Adult Lap	Lanes 1-4 HS Team Lanes 5-8 Adult Lap	Lanes 1-4 HS Team Lanes 5-8 Adult Lap	Lanes 1-3 HS Team Lanes 4-8 Adult Lap	Pool Opens at 6:30am	
8:00	Lanes 1-8 Lap Swim	Lanes 1-8 Lap Swim	Lanes 1-8 Lap Swim	Lanes 1-8 Lap Swim	Lanes 1-8 Lap Swim	Lanes 1-6 HS Team 6:30-8am Lanes 7-8 Adult Lap	
9:00	Lanes 1-4 Lap Swim Lanes 5-8 Open Swim	Lanes 1-4 Lap Swim Lanes 5-8 Aqua Fit	Lanes 1-4 Lap Swim Lanes 5-8 Open Swim	Lanes 1-4 Lap Swim Lanes 5-8 Aqua Fit	Lanes 1-4 Lap Swim Lanes 5-8 Open Swim Deep Water Workout	Lanes 1-5 HS Teams Lanes 6-7 Lessons Lane 8 Adult Lap	
10:00	Lanes 1-4 Lap Swim Lanes 5-8 Open Swim	Lanes 1-4 Lap Swim Lanes 5-8 Open Swim	Lanes 1-4 Lap Swim Lanes 5-8 Open Swim	Lanes 1-4 Lap Swim Lanes 5-8 Open Swim	Lanes 1-4 Lap Swim Lanes 5-8 Open Swim	1-5 HS Teams Lanes 6-7 Lessons Lane 8 Adult Lap	
12:00	Lanes 1-4 Lap Swim Lanes 5-8 Open Swim	Lanes 1-4 Lap Swim Lanes 5-8 Open Swim	Lanes 1-4 Lap Swim Lanes 5-8 Open Swim	Lanes 1-4 Lap Swim Lanes 5-8 Open Swim	Lanes 1-4 Lap Swim Lanes 5-8 Open Swim	Lanes 1-4 Lap Swim Lanes 5-8 Open Swim Deep End Dive Team 12:30-2	Lanes 1-4 Lap Swim Lanes 5-8 Open Swim
1:00	Lanes 1-4 Lap Swim Lanes 5-8 Open Swim	Lanes 1-4 Lap Swim Lanes 5-8 Open Swim	Lanes 1-4 Lap Swim Lanes 5-8 Open Swim	Lanes 1-4 Lap Swim Lanes 5-8 Home- school	Lanes 1-4 Lap Swim Lanes 5-8 Open Swim	Lanes 1-4 Lap Swim Lanes 5-8 Open Swim Deep End Dive Team 12:30-2	Lanes 1-3 Swim Team Lane 4 Lap Swim Lanes 5-8 Open Swim
2:00	Lanes 1-4 Lap Swim Lanes 5-8 Open Swim	Lanes 1-4 Lap Swim Lanes 5-8 Silver Splash	Lanes 1-4 Lap Swim Lanes 5-8 Open Swim	Lanes 1-4 Lap Swim Lanes 5-8 Silver Splash	Lanes 1-4 Lap Swim Lanes 5-8 Open Swim	Lanes 1-4 Lap Swim Lanes 5-8 Open Swim	Lanes 1-3 Swim Team until 3:30pm Lane 4 Lap Swim Lanes 5-8 Open Swim
3:00	Lanes 1-6 HS Teams Lanes 7-8 Adult Lap	Lanes 1-6 HS Teams Lanes 7-8 Adult Lap	Lanes 1-6 HS Teams Lanes 7-8 Adult Lap	Lanes 1-6 HS Teams Lanes 7-8 Adult Lap	Lanes 1-4 Lap Swim Lanes 5-8 Open Swim	Lanes 1-4 Lap Swim Lanes 5-8 Open Swim	Lanes 1-4 Lap Swim Lanes 5-8 Open Swim Deep End Dive Team 3-4:30
4:30	Lanes 1-3 Y Team Lanes 4-6 HS Team Lanes 7-8 Adult Lap	Lanes 1-3 Y Team Lanes 4-6 Y Team Lanes 7-8 Adult Lap	Lanes 1-3 Y Team Lanes 4-6 HS Team Lanes 7-8 Adult Lap	Lanes 1-3 Y Team Lanes 4-6 HS Team Lanes 7-8 Adult Lap	Lanes 1-3 Y Team Lanes 4-6 HS Team Lanes 7-8 Adult Lap	Lanes 1-4 Lap Swim Lanes 5-8 Open Swim	Pool Closes at 4:30
5:00	Lanes 1-6 Y Team Lanes 7-8 Adult Lap	Lanes 1-5 Y Team Lane 6 -7Lessons Lanes 8 Adult Lap	Lanes 1-6 Y Team Lanes 7-8 Lap Swim	Lanes 1-5 Y Team Lanes 6 -7 Lessons Lane 8 Adult Lap	Lanes 1-6 Y Team Lanes 7-8 Lap Swim	Lanes 1-4 Lap Swim Lanes 5-8 Open Swim	
6:00	Lanes 1-6 Y Team Lanes 7-8 Lap Swim	Lanes 1-5 Y Team Lane 6 Adult Lap Lanes 7-8 Lessons	Lanes 1-6 Y Team Lanes 7-8 Lap Swim	Lanes 1-5 Y Team Lanes 6 Adult Lap Lanes 7-8 Lessons	Lanes 1-6 Y Team Lanes 7-8 Open Swim Lanes 5-8 Dive Team 7-9pm	Pool Closes at 5:30	
8:00	Lanes 1-6 HS Teams Lanes 5-8 Open Swim	Lanes 1-4 Lap Swim Lanes 5-8 Open Swim	Lanes 1-4 Lap Swim Lanes 5-8 Open Swim	Lanes 1-4 Lap Swim Lanes 5-8 Open Swim Deep End Diving	Lanes 1-4 Lap Swim Lanes 5-8 Open Swim Shallow end Deep End Dive Team		
9:00	Lanes 1-6 HS Teams Lanes 7-8 Adult Lap	Lanes 1-6 HS Teams Lanes 7-8 Adult Lap	Lanes 1-6 HS Teams Lanes 7-8 Adult Lap	Lanes 1-6 HS Tea,s Lanes 7-8 Adult Lap	Pool Closes at 9:00		

OPEN SWIM: Swim time available to all ages. Children ages 8 and under 48 inches must be accompanied in the water by a parent/guardian of 18 years or older.

ADULT LAP: For swimmers 18 and older not currently involved with a swim team. The Y reserves the right to offer programs during this time.

LAP SWIM: During swim team practice times, lap swim is designated for adult/youth not involved with swim teams.

Swim Meets: Dec 4th 7pm, Dec 21st 1pm, Dec 28 1pm, Dec 30 7am, Jan 4 1pm, Jan 8 7pm, Jan 11 1pm, Jan 18 1pm, Jan 25 1pm, Feb 8 7am, Feb 22 1pm, March 4 1pm