

GYM SCHEDULE: MONDAY - WEDNESDAY

Summer I: May—August 2019

TIME	MON			TUE			WED							
	NORTH	CENTRAL	SOUTH	NORTH	CENTRAL	SOUTH	NORTH	CENTRAL	SOUTH					
5:00 AM	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball					
6:00 AM	Open Basketball	Open Basketball		Open Basketball	Open Basketball	TRX 6:15-7	Open Basketball	Open Basketball	Open Basketball					
7:00 AM														
8:00 AM			Parent Child Gym			Parent Child Gym								
9:00 AM														
9:45 AM														
10:00 AM	Open Basketball	Open Basketball		Open Basketball	Open Basketball		Open Basketball	Open Basketball	Open Basketball					
10:30 AM			RSC			RSC								
11:00 AM			Pickle Ball			Pickle Ball								
11:30 AM	Open Basketball	Open Basketball		Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Pickle Ball					
12:00 PM	Family Open		Open Basketball		Open Basketball	Open Basketball	Family Open	Open Basketball	Open Basketball					
12:30 PM														
1:00 PM				Family Open						Family Open				
2:00 PM														
3:00 PM														
3:30 PM														
4:00 PM				Family Open						Family Open	Open Basketball	Family Open	Open Basketball	
4:30 PM														
4:45 PM				Open Basketball						TRX 4:45-5:15	Open Basketball	Open Basketball	Open Basketball	Open Basketball
5:00 PM		Open Basketball		Open Basketball							Open Basketball	Open Basketball	Y Kids Are Fit	Open Basketball
5:30 PM														
5:45 PM	TRX 5:45-6:30													
6:00 PM	Open Basketball		Open Basketball		Youth Basketball									
6:30 PM														
6:45 PM	Youth Basketball													
7:00 PM														
7:30 PM														
8:00 PM	Ages 16- Adult Open	Ages 16- Adult Open	Ages 16- Adult Open		Ages 16- Adult Open	Ages 16- Adult Open		Ages 16- Adult Open	Ages 16- Adult Open					
8:30 PM	Ages 16- Adult Open	Ages 16- Adult Open	Ages 16- Adult Open	Ages 16- Adult Open	Ages 16- Adult Open	Ages 16- Adult Open	Ages 16- Adult Open	Ages 16- Adult Open	Ages 16- Adult Open					
9:00 PM														
10:00 PM														

*Family Open: For children ages 8-12 with a parent or guardian in the facility. Family stamp available at front desk.

*Parent/Child Gym: Children must be 15 yrs or younger and be directly supervised by parent.

* **Proper Gym attire required.**

* Please allow 15 minutes after a scheduled program for cleaning and preparation of gyms.

*Gymnasium Schedule Subject to Change.

