

# GYM SCHEDULE: MONDAY - WEDNES-

Winter 2: January 1st-May 2020

	MON			TUE			WED		
TIME	NORTH	CENTRAL	SOUTH	NORTH	CENTRAL	SOUTH	NORTH	CENTRAL	SOUTH
5:00 AM	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball
6:00 AM		Open Basketball			Open Basketball	TRX 6:15-7		Open Basketball	
7:00 AM									
8:00 AM			Parent Child Gym			Parent Child Gym			
9:00 AM									
9:45 AM									
10:00 AM	Open Basketball			Open Basketball	Open Basketball		Open Basketball	Open Basketball	Pickle Ball
10:30 AM			Pickle Ball						
11:00 AM									
11:30 AM						Open Basketball			
12:00 PM									
12:30 PM	Family Open			Family Open	Open Basketball		Family Open	Open Basketball	
1:00 PM			Family Open						
2:00 PM									
3:00 PM									
3:30 PM						Open Basketball			
4:00 PM		Open Basketball		Open Basketball	Open Basketball			Open Basketball	TRX 4:45-5:15
4:30 PM									
4:45 PM			TRX 4:45-5:15						
5:00 PM						Y Kids Are Fit			
5:30 PM									
5:45 PM	Youth Basketball			Family Open		TRX 5:45-6:30	Open Basketball		Youth Basketball
6:00 PM									
6:30 PM			Youth Basketball						
6:45 PM						Youth Basketball			
7:00 PM									
7:30 PM	Ages 16-Adult Open	Ages 16-Adult Open		Ladies Volleyball League Jan-March Men's Basketball March-May	Ages 16-Adult Open			Ages 16-Adult Open	Ages 16-Adult Open
8:00 PM			Ages 16-Adult Open						
8:30 PM									
9:00 PM									
10:00 PM									

\*Family Open: For children ages 8-12 with a parent or guardian in the facility. Family stamp available at front desk.

\*Parent/Child Gym: Children must be 15 yrs or younger and be directly supervised by parent.

\* **Proper Gym attire required.**

\* Please allow 15 minutes after a scheduled program for cleaning and preparation of gyms.

\*Gymnasium Schedule Subject to Change.

## GYM SCHEDULE: THURSDAY - SUNDAY

*Winter 2: January 1st-May 2020*

[illegible]