GYM SCHEDULE: MONDAY - WEDNESDAY

Fall September—December 2019

		MON			TUE			WED	
TIME	NORTH	CENTRAL	SOUTH	NORTH	CENTRAL	SOUTH	NORTH	CENTRAL	SOUTH
5:00 AM			Open Basketball			Open Basketball			Open Basketball
6:00 AM						TRX 6:15-7:00			
7:00 AM	Open Basketball			Open Basketball			Open Basketball		
8:00 AM		Open Basketball			Open Basketball			Open Basketball	
9:00 AM			Parent Child Gym			Parent Child Gym			
9:45 AM									
10:00 AM	Open Basketball								
10:30 AM	Dasketball		RSC	RSC			RSC		
11:00 AM				ROC			ROU		
11:30 AM		Open Basketball			Open Basketball	Open Basketball		Open Basketball	Open Basketball
12:00 PM		Duonotau						20010000	
12:30 PM				Open Basketball			Family Open		
1:00 PM			Family Open	Duonetbui			open		
2:00 PM	Family Open								
3:00 PM									
3:30 PM	RSC			RSC			RSC		
4:00 PM									
4:30 PM	Family Open			Family Open			Family Open		
4:45 PM		Open Basketball	TRX 4:45-5:15		Open Basketball	Open Basketball		Open Basketball	TRX 4:45-5:15
5:00 PM						Y Kids Fit 5:00-5:45			
5:30 PM									
5:45 PM						TRX	Young Ladies Volleyball		
6:00 PM			Open Basketball			5:45-6:30	volleyball		Open Basketball
6:30 PM			Dasketball						Dusketball
6:45 PM						Parent Child			
7:00 PM	Parent Child			Youth	Youth	Gym			
7:30 PM	Gym			3v3	3v3		Ladies Volleyball		
8:00 PM		Ages 16 – Adult Open	Ages 16 – Adult Open			Ages 16- Adult Open	League	Ages 16- Adult Open	Ages 16 - Adult Open
8:30 PM									
9:00 PM									
10:00 PM			arent or quardia						

*Family Open: For children ages 8-12 with a parent or guardian in the facility. Family stamp available at front desk.

*Parent/Child Gym: Children must be 15 yrs or younger and be directly supervised by parent.

* Proper Gym attire required.

* Please allow 15 minutes after a scheduled program for cleaning and preparation of gyms.

*Gymnasium Schedule Subject to Change.

GYM SCHEDULE: THURSDAY – SUNDAY

Fall September—December 2019

		THU			FRI			SAT			SUN	
TIME	NORTH	CENTRAL	SOUTH	NORTH	CENTRAL	SOUTH	NORTH	CENTRAL	SOUTH	NORTH	CENTRAL	SOUTH
5:00 AM			Open Basketball			Open Basketball						
6:00 AM		Open	Dasketball		Open	Dasketball	Family	Age 13-	Age 13-			
		Basketball	TRX		Basketball		Open	Adult Open	Adult Open			
7:00 AM			6:15-7:00							<u>Specia</u>	al Events Gy	ms Closed
											Mom 2 Mo	
8:00 AM	Open Basketball			Open Basketball						Oc	tober 5th ur	ntil 1pm
9:00 AM			Open Basketball			Family Open						
			Dasketball			Open						
9:30 AM										_		
10:00 AM		_										
10:30 AM	RSC	Open Basketball			Open Basketball				N			
11:00 AM							Youth Basketball	Youth Basketball	Youth Basketball			
							Program	Program	Program			
11:30 AM	Open Basketball		Open Basketball	Open Basketball								
12:00 PM						Fomily						
12:00 PW						Family Open						
12:30 PM												
4.00 DM												
1:00 PM		Home School										
2:00 PM		Program	Bible Believers									
3:00 PM			Pickle Ball		Open					Family	Open	Family
				Basketball	Basketball					Open	Basketball	Open
3:30 PM	RSC	Open Basketball		RSC		Family Open						
4:00 PM			Onon									
4.00 Pivi			Open Basketball									
4:30 PM												
4:45 PM	Open			Open								
	Basketball			Basketball								
5:00 PM		Open Basketball	Y Kids Fit				Family	Open Basketball	Open Basketball			
		Daskeidali	5:00-5:45				Open	Daskelball	Daskelbaii			
5:30 PM					Scoop							
			TRX									
5:45 PM			5:45-6:30									
6:00 PM												
6:30 PM						Scoop Program			entals Avai 19-223-6045			
7:00 014	Monia	Man'-	Derest									
7:00 PM	Men's 3v3	Men's 3v3	Parent Child									
7:30 PM			Gym									
8:00 PM			Agon 16	Family	Family	Family						
0.00 PM			Ages 16- Adult	Open	Open	Open						
8:30 PM			Open	Gym	Gym	Gym						
9:00 PM 10:00 PM												
10.001 10												