

GYM SCHEDULE: MONDAY - WEDNESDAY

Winter I: January 1st-May 2019

TIME	MON			TUE			WED																
	NORTH	CENTRAL	SOUTH	NORTH	CENTRAL	SOUTH	NORTH	CENTRAL	SOUTH														
5:00 AM	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball														
6:00 AM	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	TRX 6:15-7	Open Basketball	Open Basketball	Open Basketball														
7:00 AM			Parent Child Gym			Parent Child Gym																	
8:00 AM																							
9:00 AM																							
9:45 AM																							
10:00 AM																							
10:30 AM	Open Basketball	Open Basketball	RSC	Open Basketball	Open Basketball	RSC	Open Basketball	Open Basketball															
11:00 AM			Pickle Ball			Pickle Ball																	
11:30 AM	Open Basketball	Open Basketball	Pickle Ball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Pickle Ball														
12:00 PM	Family Open			Family Open						Family Open	Open Basketball	Family Open	Open Basketball	Open Basketball									
12:30 PM																							
1:00 PM																							
2:00 PM																							
3:00 PM																							
3:30 PM																							
4:00 PM																							
4:30 PM																							
4:45 PM															Open Basketball	Open Basketball	TRX 4:45-5:15	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	TRX 4:45-5:15
5:00 PM																	Open Basketball						
5:30 PM															Family Open	Family Open							
5:45 PM		TRX 5:45-6:30	TRX 5:45-6:30																				
6:00 PM	Open Basketball			Open Basketball	Ladies Volleyball League Jan-March	Open Basketball	Open Basketball	Open Basketball	Open Basketball														
6:30 PM		Youth Basketball	Youth Basketball																				
6:45 PM										Men's Basketball March-May	Men's Basketball March-May												
7:00 PM																							
7:30 PM																							
8:00 PM	Ages 16-Adult Open	Ages 16-Adult Open	Ages 16-Adult Open	Ages 16-Adult Open	Ages 16-Adult Open	Ages 16-Adult Open	Ages 16-Adult Open	Ages 16-Adult Open	Ages 16-Adult Open														
8:30 PM	Ages 16-Adult Open	Ages 16-Adult Open	Ages 16-Adult Open	Ages 16-Adult Open	Ages 16-Adult Open	Ages 16-Adult Open	Ages 16-Adult Open	Ages 16-Adult Open	Ages 16-Adult Open														
9:00 PM																							
10:00 PM																							

*Family Open: For children ages 8-12 with a parent or guardian in the facility. Family stamp available at front desk.

*Parent/Child Gym: Children must be 15 yrs or younger and be directly supervised by parent.

* **Proper Gym attire required.**

* Please allow 15 minutes after a scheduled program for cleaning and preparation of gyms.

*Gymnasium Schedule Subject to Change.

