

GYM SCHEDULE: MONDAY - WEDNESDAY

Winter I: January 1st-May 2018

TIME	MON			TUE			WED					
	NORTH	CENTRAL	SOUTH	NORTH	CENTRAL	SOUTH	NORTH	CENTRAL	SOUTH			
5:00 AM	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball			
6:00 AM	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball	TRX	Open Basketball	Open Basketball	Open Basketball			
7:00 AM						6:15-7						
8:00 AM			Parent Child Gym									
9:00 AM			Open Basketball			RSC				Open Basketball	Open Basketball	Open Basketball
9:45 AM												
10:00 AM	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball							
10:30 AM						Pickle Ball	RSC					
11:00 AM	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball							
11:30 AM						Pickle Ball						
12:00 PM	Family Open	Open Basketball	Family Open	Family Open	Open Basketball	Family Open	Open Basketball	Open Basketball	Open Basketball			
12:30 PM										Family Open		
1:00 PM			Family Open									
2:00 PM										Family Open		
3:00 PM			Family Open									
3:30 PM	Family Open											
4:00 PM		Family Open	Family Open	Open Basketball	Family Open	Open Basketball						
4:30 PM	Open Basketball	Open Basketball	Open Basketball	Open Basketball	Open Basketball							
4:45 PM						TRX 4:45-5:15	TRX 4:45-5:15					
5:00 PM	Open Basketball	Open Basketball	Basketball Training	Open Basketball	Open Basketball	Y Kids Are Fit	Open Basketball	Open Basketball	Open Basketball			
5:30 PM						Youth Basketball				Youth Basketball		
5:45 PM			Youth Basketball								Youth Basketball	
6:00 PM						Youth Basketball				Youth Basketball		
6:30 PM			Youth Basketball								Youth Basketball	
6:45 PM	Youth Basketball	Youth Basketball										
7:00 PM			Youth Basketball	Youth Basketball								
7:30 PM	Youth Basketball	Youth Basketball										
8:00 PM			Ages 16-Adult Open	Ages 16-Adult Open	Ages 16-Adult Open	Ages 16-Adult Open	Ages 16-Adult Open	Ages 16-Adult Open	Ages 16-Adult Open	Ages 16-Adult Open		
8:30 PM	Ages 16-Adult Open	Ages 16-Adult Open	Ages 16-Adult Open	Ages 16-Adult Open	Ages 16-Adult Open	Ages 16-Adult Open	Ages 16-Adult Open	Ages 16-Adult Open	Ages 16-Adult Open			
9:00 PM												
10:00 PM												

*Family Open: For children ages 8-12 with a parent or guardian in the facility. Family stamp available at front desk.

*Parent/Child Gym: Children must be 15 yrs or younger and be directly supervised by parent.

* **NO** full court basketball games between 3 and 8 p.m. Monday through Friday.

* **Proper Gym attire required.**

* Please allow 15 minutes after a scheduled program for cleaning and preparation of gyms.

*Gymnasium Schedule Subject to Change.

